

**C.A. Morningstar Suggested Reading List**

**Categories**

*Afterlife*

*Animal and Mineral Communication*

*Astrology*

*Extraterrestrial*

*Financial*

*Health/Healing/Nutrition*

*Life of Jesus, Christ Consciousness and Gnostic*

*Mental Health\*

*Native American/Indigenous*

*Personal Growth*

*Spiritual Growth:*

*Beginners*

*Classics*

*Modern*

*Fiction(?)*

## **Afterlife**

- The Afterlife Revolution- Whitley and Anne Strieber
- Heaven Is For Real- Todd Burpo
- Soul Survivor- Bruce and Andrea Leininger
- Pets and The Afterlife- Rob Gutro
- Beginners Guide For The Recently Deceased- David Staume
- Beginners Guide To Sex In The After Life
- Past Lives, Future Lives- Bruce Goldberg
- Saved By The Light- Dannion Brinkley
- Secrets Of The Light
- At Peace With The Light
- Reunions- Raymond Moody
- Balloons Rising- Christine Goodman
- Bridging Two Realms- John Holland
- Only Love Is Real- Brian Weiss
- Same Soul, Many Bodies
- Answers About The Afterlife- Bob Olson
- Five Lives Remembered- Dolores Cannon
- An Energy Healer's Book of Dying- Suzanne Worthley
- Soul Smart- Susanne Wilson
- The Messages of Azrael- Catherine Morgan

## **Animal and Mineral Communication**

- Animal Wisdom- Jessica Palmer
- Animal Speak- Ted Andrews
- Beyond Woofs And Whinnies- Karen Wrigley
- American Indian Secrets of Crystal Healing- Luc Bourgault
- Love Is In The Earth- Melody
- Love Is In The Earth- Laying On of Stones
- Secrets of Crystal Healing- Luc Bourgault
- The Horse of My Heart- Callie Grant
- Rays Of Truth Crystals of Light- Fred Bell
- Animal Lessons- Danielle Mackinnon
- A Handful Of Quiet- Thich Nhat Hanh
- Love Letter To The Earth
- 101 Power Crystals- Judy Hall
- The Crystal Bible

## **Astrology**

- The Hades Moon- Judy Hall
- The Inner Sky- Steven Forrest
- Co-Create Using the Secret Language of the Universe- Pam Gregory
- Becoming Your Sun Sign- Pamela Gallagher
- Celebrating The Universe- James Mullaney
- Astrology and Spiritual Development- Donna Cunningham
- Discover the Universe Within You- Mary Letorney

## **Extraterrestrial**

- Real Alien Worlds- David McCready
- What The Extraterrestrials Want You To Know- Maximillen Lafayette
- The Communion Letters- Whitley and Anne Strieber
- Alien Interview- Lawrence R. Spencer
- Chariots Of The Gods- Erich Von Daniken
- The Convoluted Universe Series- Dolores Cannon  
Custodians  
Legacy From The Stars  
The Convoluted Universe

## **Financial**

- The Riches Within- John Demartini  
How To Make One Hell Of a Profit And Still Get to Heaven
- The Millionaire Next Door- Thomas Stanley and William Danko
- No More Mondays- Dan Miller
- Money- Tony Robbins
- The Lazy Man's Way To Riches- Joe Karbo
- 365 Way To Become A Millionaire- Brian Koslow
- The Total Money Makeover- Dave Ramsey  
How to Have More Than Enough  
More Than Enough

## **Health/Healing/Energy/Nutrition**

- Herbal Medicine- Dian Dincin Buchman
- Hands Of Light- Barbara Ann Brennan
- Stalking The Wild Asparagus- Euell Gibbons

*Morningstar Lightworks Suggested Reading*

- [You Can Heal Your Life-](#) Louise Hay
- [Your Body Speaks About Nutrition:](#) John Demartini
- [The Art Of Self Healing-](#) Neil Kelly
- [Back To Eden-](#) Jethro Kloss
- [The Natural Way To Super Beauty-](#) Maryann Crenshaw
- [Diet For A Small Planet-](#) Frances Moore Lappe
- [Women And Fatigue-](#) Holly Adkinson
- [It's Your Body-](#) Lauersen & Whitney
- [The Wisdom Of Menopause:](#) Christiane Northrup
- [Revitalize Your Hormones-](#) Theresa Dale
- [Positive Addiction-](#) William Glasser
- [The Reconnection-](#) Dr. Eric Pearl
- [My Stroke of Insight-](#) Jill Bolte Taylor
- [Edgar Cayce's Everyday Health-](#) Carol Baraff
- [Soul Speak-](#) Julia Cannon
- [The Power of Neuro Plasticity-](#) Shad Helmstetter
- [Anger Kills-](#) Redford and Virginia Williams
- [Plague-](#) Kent Heckenlively
- [Inner Vegas-](#) Joseph Gallenberger
- [The Magnesium Miracle-](#) Carolyn Dean
- [Understanding Your Grief Support Group Guide-](#) Alan Wolfelt
- [How Not to Die-](#) Michael Greger
- [The Heart Speaks-](#) Mimi Guarneri
- [Tuning the Human Biofield-](#) Eileen Day McKusick
- [Healing Touch Energy Therapy-](#) Diane Wardell, Sue Kagel, Lisa Anselme
- [The Art Of Being A Healing Presence-](#) James E. Miller
- [Anatomy 360-](#) Dr. Jamie Roebuck
- [Swimming With The Whale-](#) Daniel Joseph
- [The Magus of Strovolos-](#) Kyriacos C. Markides
- [E2 Prove Your Thoughts Create Reality-](#) Pam Grout
- [Frequency, The Power of Personal Vibration-](#) Penny Peirce
- [The 440 Enigma-](#) LC Vincent
- [The Fun Way of Physical Immortality-](#) Janni Lloyd
- [Lightworker-](#) Sahvanna Arienta
- [The Lightworkers Source](#)

***Christ Consciousness, Jesus and Gnostic Teachings***

- [Not In His Image-](#) John Lamb Lash
- [Gnostic Education-](#) Samael Aun Weor

## *Morningstar Lightworks Suggested Reading*

- [The Christ Blueprint](#)- Padma Aon Prakash
- [The Jesus Papers](#)- Michael Baigent  
[Holy Blood Holy Grail](#)
- [King Jesus](#)- Ralph Ellis
- [Jesus The Lost 30 Years](#)- Tricia McCannon  
[Jesus-Ancient Mystery Religions](#)
- [Jesus The Son Of Man](#)- Kahlil Gibran
- [Magdalene Legacy](#)- Laurence Gardner
- [The Mystical Christ](#)- Manly P. Hall
- [Jesus And The Essenes](#)- Dolores Cannon

## ***Mental Health***

- [Stop Walking on Eggshells](#)- Paul T. Mason and Randi Kreger
- [Driven To Distraction](#): Edward Hallowell  
[Delivered From Distraction](#)
- [ADD Success Stories](#)- Thom Hartmann
- [Who's Pulling Your Strings](#)- Harriet Braiker
- [Finding Meaning In The Second Half Of Life](#)- James Hollis
- [Life Code](#)- Dr. Phil McGraw
- [Radical Forgiveness](#)- Colin Tipping
- [Radical Honesty](#)- Brad Blanton
- [Setting Boundaries With Your Adult Children](#)- Allison Bottke
- [BIFF- Brief Informative Friendly Firm](#)- Bill Eddy
- [When Your Adult Child Breaks Your Heart](#)- Joel L. Young
- [It's All Your Fault](#)- Bill Eddy
- [In Sheeps Clothing](#)- George Simon Jr.

## ***Native American/ Indigenous Wisdom***

- [Voices Of Our Ancestors](#)- Dhyani Ywahoo
- [The Sacred Pipe](#)- Black Elk
- [Iroquois](#)- Arthur C. Parker
- [Black Dawn, Bright Day](#)- Sun Bear with Wabun Wind
- [The Medicine Wheel](#)- Sun Bear and Wabun
- [Walk In Balance](#)- Sun Bear and others
- [Red Clay and Rattlesnake Springs](#)- Friends of Red Clay Edition 2012
- [Dispelling Wetiko](#)- Paul Levy
- [American Indian Secrets of Crystal Healing](#)- Luc Bourgault
- [The Mystery of The Serpent Mound](#)- Ross Hamilton

## *Morningstar Lightworks Suggested Reading*

- Black Elk Speaks- John Neihardt
- Illumination: The Shaman's Way of Healing- Alberto Villoldo

### **Personal Growth**

- The Gift Of Change- Marianne Williamson
- Wild At Heart- John Eldredge
- Flipping The Switch- John Miller
- The Question Behind The Question
- Bus 9 To Paradise- Leo Buscaglia
- Love
- Truth Heals- Deborah King
- Radical Honesty- Brad Blanton
- Radical Forgiveness- Colin Tipping
- Change Your Thoughts, Change Your Life- Wayne Dyer
- Inspiration
- Chicken Soup For Living Your Dreams- Jack Canfield
- 7 Habits Of Highly Effective People- Stephen Covey
- The Heart Of Love- John Demartini
- Passages- Gale Sheehy
- Silva Mind Control- Jose Silva
- Happy For No Reason- Marci Shimoff
- Getting Real- Susan Campbell
- The Artist's Way- Julia Cameron
- Ethics for a New Millennium- Dalai Lama
- Negotiate Like You Matter- Rebecca Zung, Esq
- The Gene Keys- Richard Rudd
- Love Yourself, Live Your Spirit- Sonia Choquette
- Diary Of A Psychic
- Trust Your Vibes
- Ask Your Guides
- Your Heart's Desire

### **Relationships**

- Wild Attraction- Paul & Patricia Richards
- Idiots Guide to A Healthy Relationship- Judy Kuriansky
- Women Who Run With The Wolves- Clarissa Pinkola
- The Proper Care and Feeding Of Husbands- Laura Schlessinger
- Why Men Love Bitches- Sherry Argov
- Act Like a Lady, Think Like A Man- Steve Harvey

*Morningstar Lightworks Suggested Reading*

- Celebrate Yourself- Dorthy Corkille Briggs
- Committed- Elizabeth Gilbert
- Mother Daughter Wisdom- Christiane Northrup
- Women and Love: Mira Kirshenbaum  
Too Good To Leave, Too Bad To Stay
- How To Satisfy A Woman Every Time- Naura Hayden
- Women's Anatomy of Arousal- Sheri Winston
- Boundaries: Henry Cloud
- Keeping the Love You Find- Harville Hendrix
- Do Your Parents Drive You Crazy- Janet Dight
- Toxic Parents- Susan Forward
- Sacred Sexuality- Michael Mirdad  
Tantra And Sacred Sexuality
- Woman's Anatomy Of Arousal- Sheri Winston
- The Beginner's Guide to Sex in the Afterlife- David Staume
- On Death And Dying- Kubler-Ross
- Love By Numbers- Glynis McCants
- Calling In The One- Katherine Woodward Thomas
- Choosing Me Before We- Christine Arylo
- Happy For No Reason- Marci Shimoff
- Facing Love Addiction- Pia Mellody
- If It Hurts, It's Not Love- Chuck Spezzano
- Love By The Numbers- Glynis McCants
- The Dark Side of Cupid- Eve Lorgen
- Get The Guy- Matthew Hussy
- Sexual Intelligence-Marty Klein
- The Seven Principles for Making a Marriage Work- John Gottman
- Conscious Uncoupling- Katherine Woodward Thomas
- It's Just A F\*\*\*ing Date- Greg Behrendt Amiira Ruotola  
He's Just Not That Into You

***Spiritual Growth/Esoteric Knowledge***

***Beginners:***

- There's No Such Place As Far Away- Richard Bach\  
Jonathan Livingston Seagull  
Illusions  
One
- Seven Initiations On The Spiritual Path- Michael Mirdad
- The Power of Now- Eckhart Tolle

*Morningstar Lightworks Suggested Reading*

- Your Not Going Crazy, Your Just Waking Up
- Metaphysics: The Light Side- Charles J. Weiss
- Silva Mind Control- Jose Silva
- The Four Agreements- Don Miguel Ruiz
- The Voice Of Knowledge
- The Three Questions
- At The Feet Of the Master- Alcyone
- Thoughts Are Things- Edward Walker
- The Tao Of Pooh- Benjamin Hoff
- Excuse Me Your Life Is Waiting- Lynn Grabhorn
- Getting In The Gap- Wayne Dyer
- Heaven Is For Real- Todd Burpo
- Soul Survivor- Bruce and Andrea Leininger
- The Seat of the Soul- Gary Zukav
- The Heart Of The Soul
- Anatomy of the Spirit- Caroline Myss
- The Field- Lynne McTaggart

**Classics:**

- Karma- Annie Besant
- Ponder On This- Alice A. Bailey
- As A Man Thinketh- James Allen
- The Chakras And Human Energy Fields- Karagulla & Kunz
- The Prophet- Kahlil Gibran
- Jesus The Son Of Man
- Unveiled Mysteries- Godfre Ray King
- The Magic Presence
- Thoughts Are Things- Edward Walker
- Complete Works Of H. Emilie Cady- Unity Church
- At The Feet Of the Master- Alcyone
- Law Of Life Book I & II- A.D.K. Luk
- The Impersonal Life- Devorss
- The Way Out
- The Way To The Kingdom
- The Gnosis And The Law-Tellis S. Papastavro
- The Mystical Christ- Manly P. Hall
- The Secret Doctrine- Helen P. Blavatsky
- The Nobel Eight-Fold Path- Annie Besant & C.W. Ledbeater
- The Essene Gospel Of Peace- Edmond Bordeaux Szekely
- God Will Work With You- Lao Russell



*Morningstar Lightworks Suggested Reading*

- The Aquarian Gospel Of Jesus Christ- Levi
- The Buddhist Catechism- Henry S. Olcott
- Melchizedek Truth Principles- Frater Achad
- Life and The Here After- Swami Rama
- Brotherhood Of Angels And Men- Geoffrey Hodson
- Aqarian Age Stories For Children- Rosicrucian Fellowship
- The Golden Thread- Natalie N. Banks
- On Caring- Milton Mayeroff
- As You Believe- Barbara Dewey
- Conversations With Krishnamurti- Lakshmi Prasad
- The Future Of Man- Pierre Teilhard de Chardin
- The True Or Inner Significance Of Life- F.W. Sumner
- The Book Of Enoch- R.H. Charles
- The Sage From Concord- Ralph Waldo Emerson
- Thoughts For Aspirants- N. Sri Ram
- It Works- RNJ
- Seven Schools of Yoga- Ernest Wood
- The Science of Mind- Ernest Holmes
- Oneness- Jeffrey Moses
- The Secret Destiny of America- Manly P. Hall
- 

**Modern:**

- Lost Knowledge Of The Ancients- Graham Hancock
- Going Home- Reshad Field
- The Invisible Way
- The Last Barrier
- Steps To Freedom
- The Alchemy Of The Heart
- Beginners Guide For The Recently Deceased- David Staume
- Beginners Guide To Sex In The After Life
- Out Of Your Mind And Into Your Heart- Marie Roberts
- The Intimate Enemy- Guy Finley
- The Essential Laws Of Fearless Living
- Freedom From The Ties That Bind
- The Courage To Be Free
- Letting Go
- An Open Heart- Dalai Lama
- The True Power Of Water- Masaru Emoto

*Morningstar Lightworks Suggested Reading*

- The Hidden Messages Of Water
- Saved By The Light- Dannion Brinkley
- Secrets Of The Light
- At Peace With The Light
- The Nine Eyes Of Light- Padma Aon Prakasha
- The Christ Blueprint
- The Power Of Shakti
- The Key- Whitley Strieber
- Omega Point
- What The Extraterrestrials Want You To Know- Maximilien Lafayette
- Human Devolution- Michael Cremo
- The Hidden History Of The Human Race
- Journey To The Light- George Noory
- The Way Of The Explorer- Edgar Mitchell
- In The Flow Of Life- Eric Butterworth
- Rulers Of The Earth- Joe Lewels
- The Lost Book Of Enki- Zecharia Sitchin
- The Cosmic War- Joseph Farrell
- Blue Truth- David Deida
- Courageous Dreaming- Alberto Villodo
- Illumination
- The Mayan Code- Barbara Hand Clow
- The Mind Chronicles
- One Foot In Atlantis- William Henry
- Cloak Of The Illuminati
- Book Of Dreams- Sylvia Brown
- Conversations With God- Neale Walsch
- How To Be Happy All The Time- Paramhansa Yogananda
- Autobiography of a Yogi
- Past Lives, Future Lives- Bruce Goldberg
- Edgar Cayce On Dreams- Harmon Bro
- Edgar Cayce On Prophecy- Maryellen Carter
- Edgar Cayce On Vibrations- Kevin J. Todeschi
- Edgar Cayce On Angels- Robert Grant
- Think On These Things- Edgar Cayce
- 2038- Great Pyramid Timeline- John Van Auken
- The Convoluted Universe- Dolores Cannon
- The Search For Hidden Sacred Knowledge
- The 440 Enigma- L.C. Vincent
- Soul Samples- Dr. Leo Sprinkle

*Morningstar Lightworks Suggested Reading*

- Our Universal Journey- George Kavassilas
- The Labyrinth Of Time- Anthony Peake
- The Untethered Soul- Michael A. Singer
- Spiritual Rescue Technology- David St. Lawrence
- Danger Quicksand Have a Nice Day
- Dispelling Wetiko- Paul Levy
- Slave Species of The Gods- Michael Tellinger
- Fascinating Hieroglyphics- Christian Jacq
- The Earth Chronicles Handbook- Zecharia Sitchin
- The Unfoldment- Neal Kramer
- Gobekli Tepe Genesis of The Gods- Andrew Collins
- Your Souls Plan- Robert Schwartz
- The Heart Of A Course In Miracles- Michael Mirdad
- Conversations With Nostradamus- Dolores Cannon
- The Search For Hidden Knowledge

**Fiction** (?):

- The Da Vinci Code- Dan Brown
- Entangled- Graham Hancock
- The Overstory- Richard Powers
- The Celestine Prophecy- James Redfield
- The Celestine Vision
- The Tenth Insight
- The Secret Of Shambahala
- The Twelfth Insight
- The Covenant And The Flame- David Morrell
- Siddhartha- Herman Hesse
- The Teachings Of Don Juan- Carlos Castaneda
- Journey To Ixtlan
- The Second Ring Of Power
- A Separate Reality
- The Eagles Gift
- The Fire From Within
- Tales Of Power
- Magical Passes
- The Wheel Of Time
- The Power Of Silence
- The Art Of DreamingThe Active Side Of Infinity